

| WEEK 1                  | MONDAY                                                                            | TUESDAY                                                                                       | WEDNESDAY                                                                                             | THURSDAY                                                                          | FRIDAY                                                                                |
|-------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Mains</b>            | Fajita Chicken Mix (DF, GF) with White Rice (DF, GF, Vegan)                       | Sausages (DF) with Croquette Potatoes (DF, GF, Vegan)                                         | Roast Chicken Breast in Gravy (DF, GF) with Roast Potatoes (DF, GF, Vegan) and Yorkshire Puddings (V) | Pasta Carbonara                                                                   | Breaded Cod (DF) with Oven Chips (DF, GF, Vegan)                                      |
| <b>Vegetarian Mains</b> | Penne Pasta in Tomato & Basil Sauce (DF, Vegan) with optional cheese (GF, V)      | Bean Chilli (DF, GF and Vegan) with White Rice (DF, GF and Vegan) and optional cheese (GF, V) | Vegetable Lasagne (V)                                                                                 | Cheese and Onion Pie (V) with Sautéed Potatoes (DF, GF and Vegan)                 | Thai Red Curry with Chicken Style Pieces (DF, Vegan)<br>White Rice (DF, GF and Vegan) |
| <b>Mains</b>            | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan)             | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan)                     | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan)     |
| <b>Sides</b>            | Sweetcorn & Broccoli (DF, GF, Vegan)                                              | Carrot Tips & Vegetable Medley (DF, GF, Vegan)                                                | Carrot Tips & Sweetcorn (DF, GF, Vegan)                                                               | Cut Green Beans & Carrot Tips (DF, GF, Vegan)                                     | Baked Beans & Vegetable Medley (DF, GF, Vegan)                                        |
| <b>Dessert</b>          | GF Chocolate Sponge (DF, GF, V)                                                   | Mixed Fruit Pie (DF, Vegan)                                                                   | Lemon Drizzle Cake (DF, V)                                                                            | Hot Chocolate Brownie (V)                                                         | Ice Cream (GF, V)                                                                     |

\*Daily fruit available



| WEEK 2                  | MONDAY                                                                            | TUESDAY                                                                           | WEDNESDAY                                                                                   | THURSDAY                                                                          | FRIDAY                                                                            |
|-------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <b>Mains</b>            | Chicken Goujons (DF) with Sautéed Potatoes (DF, GF, Vegan)                        | Chicken Korma (GF) with Basmati Yellow Rice (DF, GF, Vegan)                       | Roast Beef in Gravy (DF, GF) with Roast Potatoes (DF, GF, Vegan) and Yorkshire Puddings (V) | Pork Meatballs in Tomato and Herb Sauce (DF) with Penne Pasta (DF, Vegan)         | Fish Goujons (DF) with Oven Chips (DF, GF, Vegan)                                 |
| <b>Vegetarian Mains</b> | Vegetarian Tikka Masala (GF, V) with Basmati Yellow Rice (DF, GF, Vegan)          | Vegetable Lasagne (V)                                                             | Chickpea Curry (DF, GF, Vegan) with White Rice (DF, GF, Vegan)                              | Vegetable Quiche (V) with Potato Wedges (DF, GF, Vegan)                           | Vegan Sausages (DF, Vegan) with Hash Browns (DF, Vegan)                           |
| <b>Mains</b>            | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan)           | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) |
| <b>Sides</b>            | Cauliflower & Carrot Tips (DF, GF, Vegan)                                         | Cut Green Beans & Sweetcorn (DF, GF, Vegan)                                       | Vegetable Medley & Sliced Carrots (DF, GF, Vegan)                                           | Broccoli & Cut Green Beans (DF, GF, Vegan)                                        | Baked Beans & Mixed Vegetables (DF, GF, Vegan)                                    |
| <b>Dessert</b>          | Syrup Sponge (DF, V)                                                              | GF Lemon and Orange Sponge (GF, V)                                                | Chocolate Chip Muffin (DF, V)                                                               | Apple Crumble (DF, Vegan) with optional custard (GF, V)                           | Ice Cream (GF, V)                                                                 |

\*Daily fruit available



| WEEK 3                  | MONDAY                                                                            | TUESDAY                                                                           | WEDNESDAY                                                                                             | THURSDAY                                                                          | FRIDAY                                                                            |
|-------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <b>Mains</b>            | Beef Lasagne                                                                      | Hunters Chicken (GF) with Potato Wedges (DF, GF, Vegan)                           | Roast Chicken Breast in Gravy (DF, GF) with Roast Potatoes (DF, GF, Vegan) and Yorkshire Puddings (V) | Beef Bolognese (DF, GF) with Penne Pasta (DF, Vegan)                              | Fishcakes (DF) with Oven Chips (DF, GF, Vegan)                                    |
| <b>Vegetarian Mains</b> | Vegetarian Cottage Pie (GF, V)                                                    | Vegetable Lasagne (V)                                                             | Penne Pasta in Tomato & Basil Sauce (DF, Vegan)                                                       | Vegan Sausages (DF, Vegan) with Hash Browns (DF, Vegan)                           | Macaroni Cheese (V)                                                               |
| <b>Mains</b>            | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan)                     | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) | Jacket Potato (DF, GF, Vegan) with Cheese (GF, V) and Baked Beans (DF, GF, Vegan) |
| <b>Sides</b>            | Broccoli & Sliced Carrots (DF, GF, Vegan)                                         | Sweetcorn & Vegetable Medley (DF, GF, Vegan)                                      | Sliced Carrots & Broccoli (DF, GF, Vegan)                                                             | Cut Green Beans & Carrot Tips (DF, GF, Vegan)                                     | Baked Beans & Mixed Vegetables (DF, GF, Vegan)                                    |
| <b>Dessert</b>          | GF Chocolate Sponge (DF, GF, V)                                                   | Jam Sponge (DF, V)                                                                | Somerset Apple Cake (DF, V)                                                                           | Hot Chocolate Brownie (V)                                                         | Ice Cream (GF, V)                                                                 |

\*Daily fruit available

